

2020 Co-Curriculum Handbook



MARYMEDE
CATHOLIC COLLEGE
— In the way of Mary —

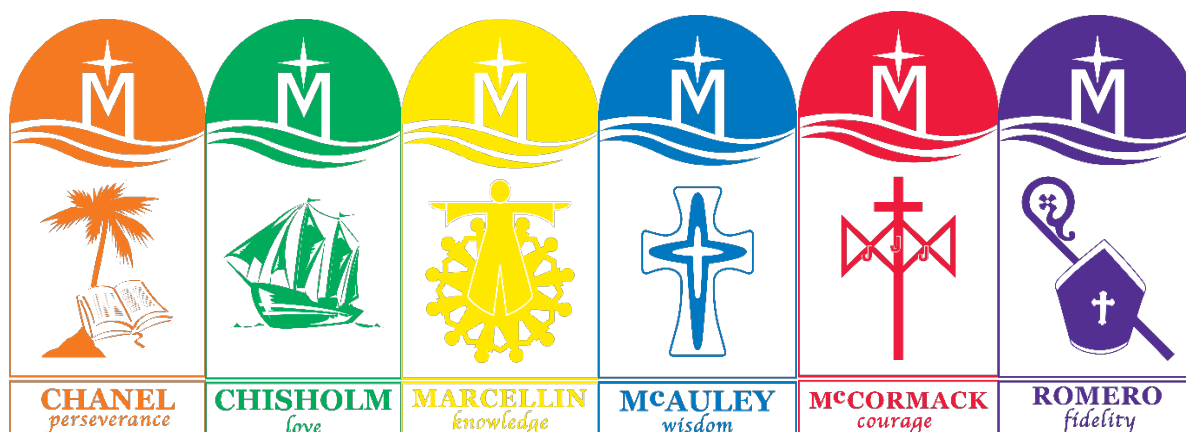
Co-Curriculum at Marymede Catholic College

Complementing the Curriculum

Marymede Catholic College offers a COMPLETE education. The Co-Curriculum program offers students the opportunity to complement their classroom learning through a variety of activities that occur out of class time.

In 2020 we will be rewarding your participation with House points. Explore the co-curricular program to find and develop new gifts and talents, develop organisational skills and make new connections with other students and teachers – while contributing to the House Shield.

Ms Angie Bedford
Cultural Co-Curricular Coordinator P-12



House Points

House Points will be awarded to most activities in the Co-Curricular program. Some exceptions include activities that form part of a commitment to leadership, are student services focused or are already reflected in the House Shield competition (e.g. Sport).

The points assigned are indicated in each handbook entry and are calculated throughout the year. Regular attendance (in most cases, at least 60%) is required to achieve House Points.

Using this Handbook

This handbook gives you the basic WHO, WHAT, WHEN & WHERE of each activity on offer. Please keep in mind that staff priorities are to their classes, so changes may occur:

- Day and time of activities may need to change if a staff member is no longer available due to timetable changes
- Activities may not run if a teacher is no longer available to run it
- Activities may not run if there aren't adequate student numbers

If an activity you're after isn't available, feel free to suggest it by emailing Angie.Bedford@marymede.vic.edu.au.

To Find Out More

If you have any questions about an activity that interests you, please contact the CO-ORDINATING STAFF listed in this handbook. For general questions, please contact Ms Ellen Lane (Co-Curriculum Support) Ellen.Lane@marymede.vic.edu.au.

Co-Curriculum Expectations

Staff are volunteering their spare time to running activities – so please honour their commitment to you by:

- Attending regularly (if you can't come, let the co-ordinating staff know – attendance is taken)
- Arriving on time and with the correct materials
- Demonstrating appropriate behaviour

Please note that activities are subject to change, the below information is correct at 10/03/2020. There may be limits to participant numbers and some may involve small costs (e.g. purchase of own special fabric for own project).

Lunchtime Clubs and Activities

3D/Laser Cutting Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: 1 x lunchtime per week (day TBC) during Terms 3 & 4 in SS02

OPEN TO: Year 8-10 students

CO-ORDINATING STAFF: Ms Renae Mackay and Mr Paul Grech

GENERAL DESCRIPTION:

Students have the opportunity to design and create sculpture, jewellery and keyrings using 3D Printing and Laser Cutting technology.

Art Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: 1 x lunchtime per week during Terms 2 & 3 in SS04

OPEN TO: Years 3-9

CO-ORDINATING STAFF: Ms Scatizzi and Ms Casonato

GENERAL DESCRIPTION:

"Art washes away from the soul the dust of everyday life." Picasso.

The Visual Arts are an opportunity for creative people to express, engage and enjoy the process of making and creating. The Art Club is an opportunity for like-minded students to come together and be guided through a variety of different techniques and processes. Making and engaging in art is not only enjoyable, its therapeutic and allows us to have an outlet from the day to day.

Chess Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesday lunchtimes during Terms 2 & 3 Lower Founder's building

OPEN TO: Years 4-12

CO-ORDINATING STAFF: Mrs Watson and Mr Baldwin (4-12)

GENERAL DESCRIPTION:

4-6: An informal and recreational club, providing the opportunity for students looking to extend their skills in Chess.

7-12: also have a SACCSS Chess Competition and the opportunity to move onto state like all other sports.



Coding Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Monday lunchtimes in R002 (Library), during Terms 2-4

OPEN TO: Years 3-6

CO-ORDINATING STAFF: Mr Dunstan

GENERAL DESCRIPTION:

Coding club is for Year 3-6 students who want to begin to learn to code, or an opportunity for extension where students can build on their skills in coding using the Scratch programming language.

Cosplay Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesday lunchtimes in MP03, Terms 1-4

OPEN TO: Years 7-12

CO-ORDINATING STAFF: Ms Torcasio and Ms Montemurro

GENERAL DESCRIPTION:

Cosplay Club brings together students interested in learning the skills of designing and creating costumes based on fantasy characters from the realms of film, television, manga, anime, graphic novel, digital gaming, books, and other avenues of popular culture. Students may need to purchase some supplies for constructing their cosplays, but can participate in many elements of the club without doing so.



Dance Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Terms 3 & 4, 1 x lunchtime per week in PA013

OPEN TO: Years 3 & 4

CO-ORDINATING STAFF: Ms Kiely and Ms Rositano

GENERAL DESCRIPTION:

Primary school dance club is an energetic dancing program for Years 3 and 4. They will learn a range of dance styles including jazz and hip hop with a performance opportunity towards the end of the year. It is a great opportunity for students with a passion for dance and those who want to learn and develop their team building skills, confidence, technical dance skills and for those who just want to have a dance! No dance experience required – beginners to advanced welcomed.

DJ Collective 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Weekly lunchtimes, Terms 1-4

OPEN TO: Year 5 to Year 8

CO-ORDINATING STAFF: Mr Nealon

GENERAL DESCRIPTION:

The DJ Collective is a group where students learn to produce and DJ their own original music, using a range of professional gear including Launchpads and DJ Consoles. Select students from the group will have the opportunity to perform throughout the year. If interested in joining email Mr Nealon to find out more.

Film School 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: 1 x lunchtime per week (day TBC) during Terms 3 & 4 in R004

OPEN TO: Year 6-12 students

CO-ORDINATING STAFF: Mr Jeremy Guzman and Ms Renae Mackay

GENERAL DESCRIPTION:

A filmmaking workshop where students from Years 6-12 collaborate on the creation of a short film. Students will form small production teams and specialise in scriptwriting, directing and cinematography, or editing. The filmmakers will walk the red carpet for the premiere of their short films at the annual Iris Media Showcase.

Food Tech SOS Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesday lunchtimes in SC05 Kitchen, Terms 1-3

OPEN TO: Years 8 to 12

CO-ORDINATING STAFF: Ms Pillay

GENERAL DESCRIPTION:

Would you like more help with Food Studies/ Design and Technology Food? Finding it hard to research an assessment task? Then this club is for you. Get help from a Food Teacher in a non-stressful environment. Email dinesha.pillay@marymede.vic.edu.au 24 hours prior to Wednesday lunch to register your interest as spots are limited due to space in the kitchen – please note this is not a cooking club.

Games Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesday lunchtimes in House 6, during Terms 2 & 3

OPEN TO: Years 5 - 12

CO-ORDINATING STAFF: Ms Balassone and Ms Cheer

GENERAL DESCRIPTION:

Board games are not just for holiday homes and power outages! Come and challenge your friends to test their skill, luck and strategy in a variety of games. Stick to the classics or learn some new games you can take home to your families.

Gym Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Monday & Friday Lunchtimes during Terms 3-4 meeting in the Fitness Centre

OPEN TO: Years 9-12

CO-ORDINATING STAFF: Mr Liam McCormack and Mrs Carla Piccolo

GENERAL DESCRIPTION:

Gym Club has been designed to offer students a productive outlet during lunchtimes. It is open to any student in Years 9-12, specifically targeting students who find themselves needing a more structured outlet. The gym sessions will focus on building muscle through a structured program that will emphasise appropriate gym/lifting techniques. This program will only be offered to students who are meeting Marymede's standards both in their behaviour and academic progress.

Kenny's Rockers 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesday lunchtimes during Terms 1-4 in PAB01

OPEN TO: Years 4-6 by invitation

CO-ORDINATING STAFF: Mr Foudoulis

GENERAL DESCRIPTION:

Fresh from a big debut year as winners of Marymede's Got Talent, Kenny's Rockers are back to rock as Marymede's youngest band in 2020.

Knit-a-Square 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Tuesday lunchtimes during Terms 2 & 3 in Student Reception

OPEN TO: Years 3-12

CO-ORDINATING STAFF: Mrs Priest and Ms Collins

GENERAL DESCRIPTION:

Working together students create a number of colourful, knitted squares to contribute to blankets. The blankets are sent to aid agencies, supporting people who are without.

Marymede Climate Action Group

10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Every second Tuesday lunchtime during Terms 2 & 3 (starting the second Tuesday)

OPEN TO: Years 5-12

WHERE: Wellbeing Space – The Chapel

CO-ORDINATING STAFF: Jessica Murphy

GENERAL DESCRIPTION:

A group for students who are interested in talking about the impact of climate change, and engaging with the school community to increase awareness and advocate for climate action based initiatives within the school and beyond.

Mathletics 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Lunchtime Thursdays during Terms 2 & 3 in the House 5 Open Area

OPEN TO: Years 3-6

CO-ORDINATING STAFF: Ms Murray, Ms Gacovski and Ms Minahan

GENERAL DESCRIPTION:

Mathletics is a captivating online learning space providing students with all the tools they need to be successful learners, both in the classroom and beyond. Powerful courses are aligned to Australian Curriculum Mathematics. Mathletics empowers Maths learners to feel confident and motivated to think critically, make learning choices, seek help when they need it and reflect on their learning.

Prep & Year 4 Lunchtime Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Monday Day lunchtimes in the Prep House during Terms 2-4

OPEN TO: Prep and Year 4 students

CO-ORDINATING STAFF: Ms Crichton, Ms Marii and Ms Hall

GENERAL DESCRIPTION:

Open to students from Year Prep and Year 4. Students will be provided with the opportunity to play, grow and laugh together with their Buddy Year Level. The theme will change each term to meet the many varying interests and skills of students that chose to be involved.

- Term 2: Storytime – Year 4 students are invited to bring along their favourite picture story books to read to a small group of Prep students.
- Term 3: Art and Craft – Students work together to make interesting creations.
- Term 4: Games – Students are invited to bring along their favourite board game or card game (this can also include Lego) to play along with their buddy level.

Reading Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Tuesday Day 7 lunchtimes in House 5 during Terms 2 & 3

OPEN TO: P-6

CO-ORDINATING STAFF: Ms Milani

GENERAL DESCRIPTION:

The Reading Club is a place where students can come along with their favourite book. Students will have the opportunity to read and discuss where their reading is taking them. Students will engage in ‘Book talks’ about what they are reading.

Robotics Club 10 House Points awarded to each regular attendee of this activity (per term)

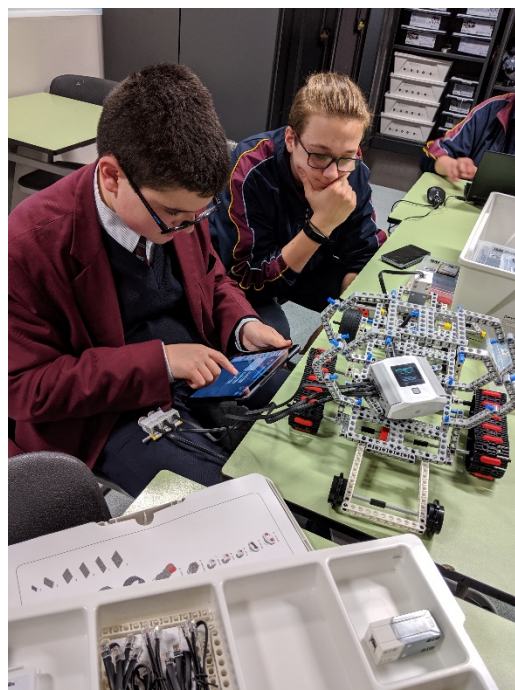
WHEN & WHERE: Mondays during Terms 2-4 Room SS08

OPEN TO: Years 5-10 (numbers limited, and regular attendance essential)

CO-ORDINATING STAFF: Miss Buttigieg and Ms Tsembras

GENERAL DESCRIPTION:

Students from years 5 -10 have the opportunity to learn to build and program robots in our lunch-time Robotics Club. The aim of the club is to expose the students to the hardware and software of elementary robotics. The major focus for 2020 is building and programming robots, learning the skills of coding and problem solving. This is both a challenging and rewarding project.



RPF 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Friday lunchtimes during Terms 1-4 in PAB01

OPEN TO: Year 10-12 Music students by audition

CO-ORDINATING STAFF: Mr Goddard and Mr Phillips

GENERAL DESCRIPTION:

RPF (Rock/Pop/Funk) gives our Senior music students a chance to extend themselves beyond the classroom. Students use this time to develop their skills on their instrument, diversify their playing through learning different styles and further their ability to work in a band context. Audition process includes learning & memorising a specific piece of music that is chosen by Mr Goddard and Mr Phillips, sight reading of an unknown work, improvising through chord changes or repeated rhythmic motif and an instrument specific task.

RPF Jr. 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Thursday lunchtimes during Terms 1-4 in PAB01

OPEN TO: Years 7-9 Music students by audition

CO-ORDINATING STAFF: Mr Goddard

GENERAL DESCRIPTION:

RPF Jr. (Rock/Pop/Funk) gives our Years 7-9 music students a chance to extend themselves beyond the classroom. Students use this time to develop their skills on their instrument, diversify their playing through learning different styles and further their ability to work in a band context. Audition process includes learning & memorising a specific piece of music that is chosen by Mr Goddard.



Sewing Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Day 2 and Day 10 lunchtimes during Terms 1-4 in MP03

OPEN TO: Years 5-12

CO-ORDINATING STAFF: Ms O'Brien and Ms Bannister

GENERAL DESCRIPTION:

Sewing Club is for any student who would like to make items with a sewing machine or by hand, learn a craft such as macramé, crochet, embroidery, patchwork, decorative knitting, or much more. You will choose from a selection of garments or items to make in the first few sessions that suit your skills level. Patterns, templates and reference books are supplied. You may need to purchase selected materials, such as fabric, buttons, zips.



Student Representative Council

WHEN & WHERE: Fortnightly lunchtimes (as advised by Mr Byrne) in Terms 1-4

OPEN TO: P-6 Students, by invitation

CO-ORDINATING STAFF: Mr Byrne

GENERAL DESCRIPTION:

The P-6 Student Representative Council consists of Primary students that have been elected by their classmates. The students will provide a 'voice' for students in the Primary school on issues such as Wellbeing and the Environment. Students meet fortnightly with fellow students and staff to work on projects that help to make Marymede Catholic College a better place for all.

Vinnies 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Lunchtime, Wednesdays, House 1 Open Space, Term 2 – 4

OPEN TO: Years 4-12

CO-ORDINATING STAFF: Ms Malusu and Ms Wake

GENERAL DESCRIPTION:

Working together students develop an understanding for social justice and support the promotion of Justice Awareness within the College.

Vocal Ensemble 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: 1 x lunchtime or 1 x afterschool TBC during Terms 3 & 4 in PA013

OPEN TO: Year 7-12 students (numbers may be capped, so early sign up is encouraged)

CO-ORDINATING STAFF: Mr Scanlon-McAlister and Ms Conte

GENERAL DESCRIPTION:

Glee Club! Pitch Perfect! Pentatonix!...and Marymede Vocal Ensemble! We are looking for anyone who enjoys belting out a tune in the shower to come along and have a weekly sing.

Walking Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Day 4 Thursdays (fortnightly) for the first half of lunch during Terms 3 & 4. Students should meet at the Primary Basketball Court.

OPEN TO: Prep-2

CO-ORDINATING STAFF: Mrs Al-Noobi and Ms Richardson

GENERAL DESCRIPTION:

The Walking Club is a group of Prep - 2 students that meet together to enjoy some exercise by walking around the school grounds. Students can make new friends, get fit and enjoy exercising in a group. It is a great opportunity for students with an interest in exercising with friends.

Woodwork Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Friday lunchtimes, Terms 1-4 in DT01

OPEN TO: Year 6 – 12 Students

CO-ORDINATING STAFF: Mr Van Meurs and Mr Bilston

GENERAL DESCRIPTION:

Woodwork Club is specifically to extend current DCT, Wood and Product Design students at all year levels, however other students interested in this area of study are also welcome to attend and learn new skills and techniques.

Yoga Club 10 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Terms 2 & 3, 1 x lunchtime per week in House 3

OPEN TO: Years 3-6

CO-ORDINATING STAFF: Mrs Murray

GENERAL DESCRIPTION:

The Primary School Yoga Club is for Years 3-6. Yoga can enhance your flexibility, strength, coordination, and body awareness. In addition, it can provide a sense of calmness and relaxation. Elite athletes such as AFL players and Olympians use Yoga to improve their performance. It is also a great deal of fun! Come along and try something new!

Out of Hours / Combination Co-Curricular Activities

Boxing Club

WHEN & WHERE:	Monday & Friday before-school 8am-8.45am (Years 7-12) Thursday before-school 8am-8.45am (Years 5 & 6) in the Fitness Centre during Terms 1-4
OPEN TO:	Years 5-12 (all levels and abilities welcome. Gloves and pads provided)
CO-ORDINATING STAFF:	Stephen (Wellbeing Mentor)
GENERAL DESCRIPTION:	

Boxing Club is a great way for students (and staff) to improve fitness, coordination and work collaboratively with your peers. Students of all skill levels are welcome, and all equipment is provided.

Computer Aided Design (CAD) [15 House Points awarded to each regular attendee of this activity \(per term\)](#)

WHEN & WHERE:	Tuesdays 3.30-4.30pm in the Trade Skills Centre during Terms 2-4
OPEN TO:	Years 7-12 (numbers may be capped, so early sign up encouraged)
CO-ORDINATING STAFF:	Mr Powter
GENERAL DESCRIPTION:	

Using Autodesk Fusion360 CAD Software, students can design and make their own parts or products that can be cut out with the Epilog Laser or even 3D printed. The first project will be led by the teacher and will be an Acrylic 2 piece iPhone stand. Other projects will be student focused. Note: students will need to bring their own laptop.

Creative Writing Program 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesdays, 3.15pm-4.30pm during Terms 2 & 3 in the Resource Centre

OPEN TO: Yr 7-12 Students who are talented in English writing. Teacher approval is required.

CO-ORDINATING STAFF: Mr John Milides

GENERAL DESCRIPTION:

The Creative Writing Program studies great poets and authors. Students are taught how to develop the art of writing short stories and poetry. We also take on a stimulus and students then explore their reaction to it in writing. Students' work may be published into a book, according to the standard of the writing.

Dangerous Minds 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: TBC – afterschool/lunchtime activity for 6-8 weeks in Term 2

OPEN TO: 7-12 students by application

CO-ORDINATING STAFF: Ms Lanza and Mrs Darrou

GENERAL DESCRIPTION:

'Dangerous Minds', where students read Meanjin, discuss it, argue it – become bigger thinkers. All for fun.

DAV Debating (Debaters Association of Victoria)

5 House Points awarded to each competitor (per round debated)

WHEN & WHERE: **Years 9-12** - Term 1-3

MEETING TIMES: **Years 9-12**
5 x Debate nights (1-2 hours) (+ finals if applicable)
1 x Lunchtime per week

OPEN TO: Year 9-12 Students

CO-ORDINATING STAFF: Ms Callanan and Ms De Bono

GENERAL DESCRIPTION:

Open to students from all levels and abilities, including beginners. Students are encouraged to join to improve their public speaking skills, writing and collaboration with fellow students.

Drumline Corps 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Fridays 7.35-8.30am during Terms 1-4 in PA013

OPEN TO: Years 7-12 Drum Students by invitation

CO-ORDINATING STAFF: Mr Potocnik

GENERAL DESCRIPTION:

Enables those with a passion for drumming their instruments an opportunity to rehearse and create music together. Students will have lots of performance opportunities.

Game Changers 50 House Points awarded to each regular attendee of this activity at the conclusion of the year.

WHEN & WHERE: Regular fortnightly meetings, camps and retreats, reflection days and social events (please see Mrs Bagh for details)

OPEN TO: Year 10 and 11 students in 2020

CO-ORDINATING STAFF: Mrs Marie Bagh

MENTORS: Ms Melissa Gaff and Mr Ferdinand Correya
Mrs Kristina O'Connor and Mr Scott Byrne

Game Changers is a Marist Youth Ministry program that is replacing REMAR. Marist Australia is keeping pace with the changing needs of the current generation and has updated its school-based ministry program with a new name, new symbols, new design and new content.

In Game Changers, students will follow a three-year journey with a teacher mentor to emphasise:

1. Faith development and spirituality
2. Personal development and leadership
3. Strong community connections
4. Solidarity, vocation, community service

Through Game Changers students are guaranteed to...

- Meet new people from other schools
- Attend camps and day retreats
- Have loads of fun!
- Embrace opportunities to dance, sing, act, and perform
- Create lifelong friendships
- Improve confidence and self-esteem
- Develop social and leadership skills
- Assist vulnerable communities
- Do volunteer work in the community
- Spend 5 intensive days in Year 11 assisting communities in need

Heritage Care Home Community Service

15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesdays afterschool 3.15-5.00pm during Terms 2 & 3

OPEN TO: Year 10 -12 Students

WHERE: Heritage Care Home – South Morang

CO-ORDINATING STAFF: Mr Gary Hickey and Ms Sheryl Varghese

GENERAL DESCRIPTION:

Students will be work with the residents at the care home either running or supporting a range of physical, social and physical activities that will enrich the residents' lives.

High School Musical Cast

50 House Points awarded to each regular attendee of this activity at the conclusion of the show.

WHEN & WHERE: Terms 1-mid Term 2, Regularly, as per published schedule. Including regular Thursdays 3.30-5.30pm and Fridays 3.30-6.30pm, plus selected weekend and Holiday rehearsals across Term 1/2. Performed at Marymede Catholic College and Plenty Ranges Arts and Convention Centre, South Morang in May 2020.

OPEN TO: Year 7-12 by audition

CO-ORDINATING STAFF: Ms Angie Bedford and Ms Ellen Lane

GENERAL DESCRIPTION:

Years 7-12 students are eligible to audition for selection in the cast early Term 1. Cast members will rehearse regularly to sing, dance and/or act either solo or in large groups, culminating in the presentation of a public season of *High School Musical*. at the Plenty Ranges Arts and Convention Centre, South Morang.



High School Musical Crew

25 House Points awarded to each regular attendee of this activity at the conclusion of the show.

WHEN & WHERE:

Fridays during early to mid Term 2 from 3.30-6.30pm in SS04 and the Fitness Centre plus selected weekend rehearsals in Term 2. Some lunchtimes as required during Terms 1- mid Term 2. Performed at Marymede Catholic College and Plenty Ranges Arts and Convention Centre, South Morang in May 2020.

OPEN TO:

Limited number of Year 7-12 students by application

CO-ORDINATING STAFF:

Ms Anna Liggieri

GENERAL DESCRIPTION:

Years 7-12 students are eligible to apply for selection in the crew. Crew members will meet regularly to learn backstage roles, develop props and costumes and assist with general organisation of *High School Musical* behind the scenes. Students will work backstage at the Plenty Ranges Arts and Convention Centre, South Morang during the public performance season.

Junior Band 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: 1 x day afterschool (day TBC) 3.30-4.30pm during Terms 3&4 in PAB01

OPEN TO: Years 5-8 (Students (by invitation and/or audition)

CO-ORDINATING STAFF: Ms Morgana Jones

GENERAL DESCRIPTION:

An invitation band for music students in Years 5-8 to learn skills in group performance.

Legacy Junior Public Speaking Award

15 House Points awarded to each participant at the conclusion of the activity.

WHEN & WHERE: Tuesday, 14 July, 2020
Our Lady of Mercy College, Heidelberg
(entries close 30 April, 2020)

OPEN TO: Years 7 - 9 students (12 - 14 years old on 1 January 2020)

CO-ORDINATING STAFF: Mrs Wilcox

GENERAL DESCRIPTION:

Students who are 12-14 years old on 1 January 2020 have the opportunity to participate in the Legacy Junior Public Speaking Award. Legacy is an organisation which offers care and support for the families of those who have served their country. The Award involves presenting a five-minute speech on the ideals of Legacy, such as voluntary service, social justice and personal sacrifice to an audience of Legacy members and students. Students will prepare and practise their speeches in advance of the presentation.

Maths SOS and 40+ CLUB 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Weekdays 7:30am-8.20am and Wednesday afterschool 3:30pm-4.30pm in VC 119, Terms 1-4

OPEN TO: Years 7-12

CO-ORDINATING STAFF: Mr Cooper and Mr Van Beek

GENERAL DESCRIPTION:

The rationale of the offer is to enable students to learn to live the day to day school and study lives that are commensurate with the behaviours of a student who gains a study score of 40 or more in one or more subjects. At the very least, fulfilling such study expectations should lead to the student entering the examination centre at the end of the year with greater confidence and knowing they have all they could have during their 2020 studies. More information will be provided by Mr Cooper regarding sign up, commitment and expectations.

Primary Choir 15 House Points awarded to each regular attendee of this activity (per term)

WHEN & WHERE: Wednesdays 3.30-4.20pm during Terms 1-4 in PA013/Chapel.

OPEN TO: Years 1-6

CO-ORDINATING STAFF: Ms Oman, Mr Nealon, Mr Carpenter, Mrs Brice

GENERAL DESCRIPTION:

The Primary Choir is open to students from Year 1 to Year 6. It is an opportunity for students develop their singing skills through rehearsal and performance at College events.



REMAR 50 House Points awarded to each regular attendee of this activity at the conclusion of the year.

REMAR is unfortunately not accepting any new students as REMAR is being phased out to make way for Game Changers (see separate listing).

WHEN & WHERE:	Regular meetings, camps and retreats (please see Mrs Bagh for details)
OPEN TO:	Year 12 Students (No longer accepting students)
CO-ORDINATING STAFF:	Mrs Marie Bagh
HELM LEADERS:	Mr Alex Timms and Mrs Marie Bagh

GENERAL DESCRIPTION:

REMAR is a 3-year leadership development and school-based Marist Youth Ministry program which operates in Catholic schools in a number of countries. In Australia it is coordinated out of the Marist Centres in Melbourne & Sydney, offering students in Years 10, 11 and 12 an inspiring and engaging way to live out Gospel values. Students connect with each other through meetings, camps, retreats and activity days – creating a network with other young people across the state.

Each Caravel meets for 1.5 hours each fortnight on various days depending on the availability of each Caravel. Each student involved in REMAR needs to commit to up to 20 hours of community service and ministry each year. There are two overnight camps each year that mostly take place on weekends. There are two reflection days and various social events that REMAR students are strongly encouraged to attend. REMAR is open to all Year 10, 11 and 12 students.

It has four areas of focus:

1. Evangelisation and faith development
2. Personal development and leadership formation
3. Strong experience of being a part of a community
4. Social justice, ministry and service to others.

Rostrum Voice of Public Speaking

15 House Points awarded to each participant at the conclusion of the activity.

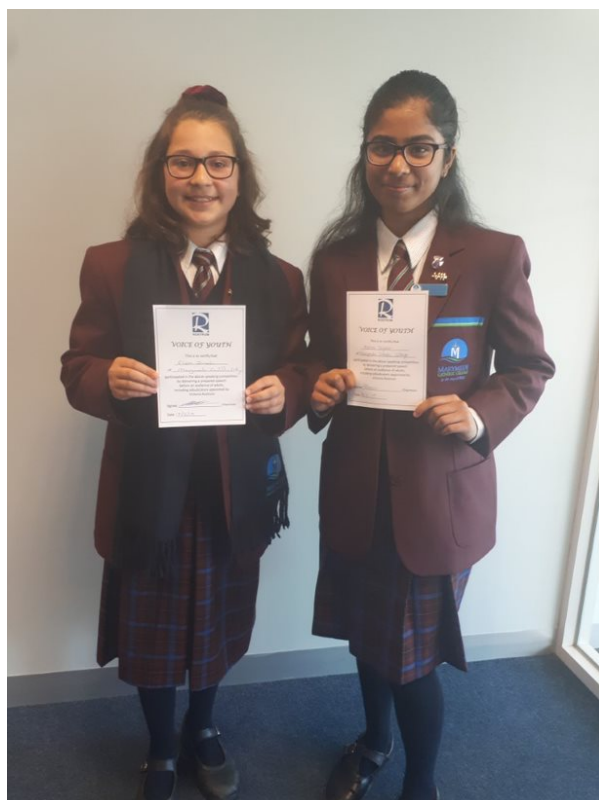
WHEN & WHERE: Regular lunchtime preparation sessions (day to be confirmed) and a competition date on a Sunday in May/June TBC.

OPEN TO: Years 7-12 by application/invitation

CO-ORDINATING STAFF: Ms Wilcox and Mrs Di Francesco

GENERAL DESCRIPTION:

Open to students from all levels and abilities, including beginners. Students are encouraged to enter this Public Speaking competition to further improve and master their public speaking and writing skills.



Teens Connect

WHEN & WHERE: Terms 2 – 4 (7 selected Fridays from 5.30pm-7.30pm)

OPEN TO: Year 7-12 Students (please see Mrs Freeman to sign up)

CO-ORDINATING STAFF: Mrs Jaclyn Freeman

GENERAL DESCRIPTION:

The Teens Connect Program has been offered to our secondary school students since 2014. The program consists of a series of social get-togethers (outside of school hours) which are held each term. Social activities may include; dining out, going to the cinemas, playing mini golf and ten-pin bowling. The purpose of the program is for students to:

- Meet other teens and develop new friendships
- Practice social skills in a safe and supportive environment
- Promote teens social independence
- Help teens develop money handling skills (i.e. ordering/paying for their own meals)
- Foster teens self-acceptance and self-esteem
- Strengthen the Marymede Catholic College community

Tournament of Minds

20 House Points awarded to each regular participant in this activity (awarded after each final)

WHEN & WHERE:

1 x afterschool and 1 x lunchtime session a week during Term 3 – Weeks 1 to 6, in House 7. Students will also need to attend the final presentation held at La Trobe University – Bundoora Campus on a Sunday during the last two weeks of August (exact dates and times yet to be announced).

OPEN TO:

Years 5 - Year 10 Students by audition

CO-ORDINATING STAFF:

Ms Angie Bedford
Ms Josette Brancalone

GENERAL DESCRIPTION:

Tournament of Minds is a problem-solving program for teams of students from both primary and secondary years. They are required to solve demanding, open-ended challenges from one of the following disciplines – Science Technology Engineering Mathematics, Language Literature, The Arts, Social Sciences. It is a great opportunity for students with a passion for learning and problem-solving skills.



Sport

Primary Sport

Primary Interschool Sport (Tournament)

LENGTH OF ACTIVITY:	Various
MEETING TIMES:	Lunchtime Training plus Tournament Days
OPEN TO:	Year 5-6 Students
CO-ORDINATING STAFF:	Mrs Anna Williams
GENERAL DESCRIPTION:	

Coordinated by Primary Sport Coordinator, Anna Williams, Tournament sports include: Basketball, Cricket, Football, Volleyball, Swimming, Athletics, Cross Country.

Primary Interschool Sport (Friday Program)

LENGTH OF ACTIVITY:	Various
MEETING TIMES:	Lunchtime Training plus Fridays Period 1 & 2
OPEN TO:	Year 5-6 students
CO-ORDINATING STAFF:	Mrs Anna Williams and Mrs Liz Miles
GENERAL DESCRIPTION:	

Coordinated by Primary Sport Coordinator, Anna Williams, Friday Competition sports include: Netball, AFL, Cricket, Soccer

Secondary Sport

Couch to 5K

WHEN & WHERE: Three 20 to 30-minute weekly sessions either before school or after school depending on requirements of group and availability. Starting time in the morning 7.45am. Afternoon sessions commence at 3.30pm.

OPEN TO: Years 7-12 (limit 20 students)

CO-ORDINATING STAFF: Mr Montemurro

GENERAL DESCRIPTION:

Open to students from all levels and abilities, especially beginners. Students are encouraged to slowly build up over 10 weeks to be able to run 5 kilometres non-stop. Great for fitness.

Premier League Sports

LENGTH OF ACTIVITY: All of College Year

MEETING TIMES: Various

OPEN TO: Year 7-10 students

CO-ORDINATING STAFF: Mr Gerard Large

GENERAL DESCRIPTION:

Premier League Sports include: Soccer, Basketball, Volleyball, Netball, Cricket, AFL

SACCSS Sports

LENGTH OF ACTIVITY: All of College Year

OPEN TO: Year 7-12 students

CO-ORDINATING STAFF: Mr Gerard Large

GENERAL DESCRIPTION:

Premier League Sports include:

Swimming	Golf	Volleyball	Basketball
Tennis	Cricket	Cross Country	AFL
Futsal	Netball	Soccer	Chess
Hockey	Athletics	Rugby	

Academy Soccer

LENGTH OF ACTIVITY: All of College Year

MEETING TIMES: As per timetable below

OPEN TO: Year 7-12 students

CO-ORDINATING STAFF: Mr Gerard Large

GENERAL DESCRIPTION:

Skills specific development training with a professional coach for selected Elite Soccer players (selected through application process)

Development Squad Netball

LENGTH OF ACTIVITY: All of College Year

MEETING TIMES: As per timetable below

OPEN TO: Year 7-12 students

CO-ORDINATING STAFF: Mr Gerard Large

GENERAL DESCRIPTION:

Skills specific development training for a Junior and Senior Squad. Students then compete in the State Titles.

Marymede High Performance Academy (MHPA)

LENGTH OF ACTIVITY: All of College Year

TRAINING TIMES: 7:10am – 8:20am

OPEN TO: Year 7-11 students

CO-ORDINATING STAFF: Mr Gerard Large

GENERAL DESCRIPTION:

The elite performance group is an injury prevention program for Marymede Catholic College's elite performance students. An opportunity to understand and put in to practice strategies for injury prevention when participating in sport.