



MARYMEDE
CATHOLIC COLLEGE
— *In the way of Mary* —

2019 Co-Curricular Handbook



Co-Curriculum at Marymede Catholic College

Complementing the Curriculum

Marymede Catholic College offers a COMPLETE education. The Co-Curriculum program offers students the opportunity to complement their classroom learning through a variety of activities.

In 2019 – try something new. Explore the co-curricular program to find and develop new gifts and talents, develop organisational skills and make new connections with other students and teachers.

Ms Angie Bedford
Cultural Co-Curricular Coordinator P-12



To Find Out More

If you have any questions about an activity that interests you, please contact the CO-ORDINATING STAFF listed in this handbook. For general questions, please contact Ms Ellen Lane (Co-Curriculum Support) Ellen.Lane@marymede.vic.edu.au.

Using this Handbook

This handbook gives you the basic WHO, WHAT, WHEN & WHERE of each activity on offer. Please keep in mind that staff priorities are to their classes, so changes may occur:

- Day and time of activities may need to change if a staff member is no longer available due to timetable
- Activities may not run if a teacher is no longer available to run it
- Activities may not run if there aren't adequate student numbers

If an activity you're after isn't available, feel free to suggest it by emailing Angie.Bedford@marymede.vic.edu.au.

Co-Curriculum Expectations

Staff are volunteering their spare time to running activities – so please honour their commitment to you by:

- Attending regularly (if you can't come, let your co-ordinating teacher know – attendance is taken)
- Arriving on time and with the correct materials
- Demonstrating appropriate behaviour

Please note that activities are subject to change, the below information is correct at 22/07/2019. There may be limits to participant numbers and some may involve small costs (e.g. purchase of own special fabric for own project).



Lunchtime Clubs and Activities

Auslan Club

WHEN & WHERE: Tuesday lunchtimes during Terms 2-4 in House 6 open area

OPEN TO: Years P-12

CO-ORDINATING STAFF: Ms Rogers and Ms Scatizzi

GENERAL DESCRIPTION:

A way to learn how to communicate with the deaf/hard of hearing by using your hands! Lots of fun activities happening during lunchtime! Bring your lunch.

Chess Club

WHEN & WHERE: Wednesday lunchtimes during Terms 2 & 3 Lower VCE Building

OPEN TO: Years P-12

CO-ORDINATING STAFF: Ms Bennett (P-6) and Mr Baldwin (7-12)

GENERAL DESCRIPTION:

P-6: An informal and recreational club, providing the opportunity for students looking to extend their skills in Chess.

7-12: also have a SACCSS Chess Competition and the opportunity to move onto state like all other sports.

Coding Club

WHEN & WHERE: Monday lunchtimes in R002 (Library), during Term 2

OPEN TO: Years 5 & 6

CO-ORDINATING STAFF: Mr Dunstan & Dr Thompson

GENERAL DESCRIPTION:

Coding club is for Year 5-6 students who have begun to learn to code in Digital Technologies class. This is an opportunity for extension where students can build on their skills in coding using the Scratch programming language.

Cosplay Club

WHEN & WHERE: Wednesday lunchtimes in SS02, Terms 2-4

OPEN TO: Years 7-12

CO-ORDINATING STAFF: Ms Torcasio and Ms Pillay

GENERAL DESCRIPTION:

Cosplay Club brings together students interested in learning the skills of designing and creating costumes based on fantasy characters from the realms of film, television, manga, anime, graphic novel, digital gaming, books, and other avenues of popular culture. Students may need to purchase some supplies for constructing their cosplays, but can participate in many elements of the club without doing so.

Dance Club

WHEN & WHERE: Terms 3 (August onwards) & 4, Day to be confirmed in PA013

OPEN TO: Years 3 & 4

CO-ORDINATING STAFF: Ms Kiely

GENERAL DESCRIPTION:

Primary school dance club is an energetic dancing based program for Years 3 and 4. They will learn a range of dance styles including jazz and hip hop with a performance opportunity towards the end of the year. It is a great opportunity for students with a passion for dance and those who want to learn and develop their team building skills, confidence, technical dance skills and for those who just want to have a dance! No dance experience required – beginners to advanced welcomed.

DJ Collective

WHEN & WHERE: Terms 2 & 3, Thursday lunch times

OPEN TO: Year 5 to Year 9

CO-ORDINATING STAFF: Mr Nealon

GENERAL DESCRIPTION:

The DJ Collective is a group where students learn to produce and DJ their own original music, using a range of professional gear including Launchpads and DJ Consoles. There will be several groups available to join throughout the year with each focusing on different ages groups. Students will be notified of the sign up process via email.

Film School

WHEN & WHERE: Monday lunchtimes (subject to change) during Terms 3 & 4 in R004

OPEN TO: Year 6-12 students

CO-ORDINATING STAFF: Mr Jeremy Guzman

GENERAL DESCRIPTION:

A filmmaking workshop where students from Years 6-12 collaborate on the creation of a short film. Students will form small production teams and specialise in scriptwriting, directing and cinematography, or editing. The filmmakers will walk the red carpet for the premiere of their short films at the annual Iris Film Festival.

Games Club

WHEN & WHERE: Wednesday lunchtimes in 501, during Terms 2 & 3

OPEN TO: Years 5 - 12

CO-ORDINATING TEACHERS: Mr Gestautas

GENERAL DESCRIPTION:

Board games are not just for holiday homes and power outages! Come and challenge your friends to test their skill, luck and strategy in a variety of games. Stick to the classics or learn some new games you can take home to your families.

Gym Club

WHEN & WHERE: Monday & Friday Lunchtimes during Terms 3-4 in the Fitness Centre Gym

OPEN TO: Years 9-12

CO-ORDINATING STAFF: Mr Liam McCormack and Ms Carla Esposito

GENERAL DESCRIPTION:

Gym Club has been designed to offer students a productive outlet during lunchtimes. It is open to any student in Years 9-12, specifically targeting students who find themselves needing a more structured outlet. The gym sessions will focus on building muscle through a structured program that will emphasise appropriate gym/lifting techniques. This program will only be offered to students who are meeting Marymede's standards both in their behaviour and academic progress.

Knit-a-Square

WHEN & WHERE: Tuesday lunchtimes during Terms 2 & 3 in Student Reception

OPEN TO: Years 3-12

CO-ORDINATING STAFF: Mrs Priest

GENERAL DESCRIPTION:

Working together students create a number of colourful, knitted squares to contribute to blankets. The blankets are sent to aid agencies, supporting people who are without.

Mathletics

WHEN & WHERE: Lunchtime Thursdays during Terms 2 & 3 in the LRC Lab

OPEN TO: Years 3-6

CO-ORDINATING STAFF: Ms Hough, Ms Murray and Ms Gacovski

GENERAL DESCRIPTION:

Mathletics is a captivating online learning space providing students with all the tools they need to be successful learners, both in the classroom and beyond. Powerful courses are aligned to Australian Curriculum Mathematics. Mathletics empowers Math's learners to feel confident and motivated to think critically, make learning choices, seek help when they need it and reflect on their learning.

Mini Vinnies

WHEN & WHERE: Lunchtime, Wednesdays, House 1 Open Space, Term 2 – 4

OPEN TO: Years 4-6

CO-ORDINATING STAFF: Ms Malusu

GENERAL DESCRIPTION:

Working together students develop an understanding for social justice and support the promotion of Justice Awareness within the College.

Prep & Year 4 Lunchtime Club

WHEN & WHERE: Lunchtime, Monday Day 1 (fortnightly), Prep House, Terms 2-4

OPEN TO: Prep and Year 4 students

CO-ORDINATING STAFF: Ms Ramaekers and Ms Marii

GENERAL DESCRIPTION:

Open to students from Year Prep and Year 4. Students will be provided with the opportunity to play, grow and laugh together with their Buddy Year Level. The theme will change each term to meet the many varying interests and skills of students that chose to be involved.

- Term 2: Storytime – Year 4 students are invited to bring along their favourite picture story books to read to a small group of Prep students.
- Term 3: Art and Craft – Students work together to make interesting creations.
- Term 4: Games – Students are invited to bring along their favourite board game or card game (this can also include Lego) to play along with their buddy level.

Reading Club

WHEN & WHERE: Lunchtime, Tuesday Day 7 (fortnightly) in House 5

OPEN TO: P-6

CO-ORDINATING STAFF: Ms Milani

GENERAL DESCRIPTION:

The reading Club is a place where students can come along with their favourite book. Students will have the opportunity to read and discuss where their reading is taking them. Students will engage in 'Book talk' like; different texts by the same author and likes and dislikes about books.

Robotics Club

WHEN & WHERE:	Tuesdays during Term 2 (Years 2-4) Wednesdays during Terms 2-4 (Years 5-10)
OPEN TO:	Years 2-10 (numbers limited, so early sign up is encouraged)
CO-ORDINATING STAFF:	Ms Buttigieg
GENERAL DESCRIPTION:	

Students from P-12 have the opportunity to learn to build and program robots in our lunch-time Robotics Club. The aim of the club is to expose the students to the hardware and software of elementary robotics. The major focus for 2019 is building and programming Abilix Krypton 8 robots to navigate a game matt and problem solve various challenges around the matt. This is both a challenging and rewarding project.

Rostrum Voice of Public Speaking

WHEN & WHERE:	Regular lunchtime preparation sessions (day to be confirmed) and a competition date on either Sunday 19 May at St. Monica's College Epping.
OPEN TO:	Years 7-12 by application/invitation
CO-ORDINATING STAFF:	Ms Niall and Ms Jephson
GENERAL DESCRIPTION:	

Open to students from all levels and abilities, including beginners. Students are encouraged to enter this Public Speaking competition to further improve and master their public speaking and writing skills.

RPF

WHEN & WHERE: Monday lunchtimes during Terms 1-4 in PAB01

OPEN TO: VCE Music students by audition

CO-ORDINATING STAFF: Mr Syrjanen

GENERAL DESCRIPTION:

RPF (Rock/Pop/Funk) gives our VCE music students a chance to extend themselves beyond the classroom. Students use this time to develop their skills on their instrument, diversify their playing through learning different styles and further their ability to work in a band context. Audition process includes learning & memorising a specific piece of music that is chosen by Mr Syrjanen, sight reading of an unknown work, improvising through chord changes or repeated rhythmic motif and an instrument specific task.

RPF Jr.

WHEN & WHERE: Tuesday lunchtimes during Terms 1-4 in PAB01

OPEN TO: Years 7-9 Music students by audition

CO-ORDINATING STAFF: Mr Syrjanen

GENERAL DESCRIPTION:

RPF Jr. (Rock/Pop/Funk) gives our Years 7-9 music students a chance to extend themselves beyond the classroom. Students use this time to develop their skills on their instrument, diversify their playing through learning different styles and further their ability to work in a band context. Audition process includes learning & memorising a specific piece of music that is chosen by Mr Syrjanen.

Sewing Club

WHEN & WHERE: Tuesday lunchtimes during Terms 2 & 3 in MP03

OPEN TO: Years 5-12

CO-ORDINATING STAFF: Ms O'Brien

GENERAL DESCRIPTION:

Sewing Club is for any student who would like to make items with a sewing machine or by hand, learn a craft such as macramé, crochet, embroidery, patchwork, decorative knitting, or much more. What you do in the Sewing Club is up to you. You can bring materials from home or some small items can be supplied. You can work on a group project for charity or simply make things for yourself or family members. You decide!

Science Club

WHEN & WHERE: Wednesday lunchtimes, during Terms 2 & 3 in SC03

OPEN TO: Year 5 – 8 Students

CO-ORDINATING STAFF: Mr Van Wyngaarden & Ms Plymin

GENERAL DESCRIPTION:

Be creative with Science and Technology, applying your problem-solving abilities and science intuition to a range of science competitions.

Social Justice Group

WHEN & WHERE: Lunchtime Thursday Day 9 (fortnightly), in the Chapel, Terms 2-4

OPEN TO: Years 5-12

CO-ORDINATING STAFF: Ms Wake, Mrs Selar and Miss Selar

GENERAL DESCRIPTION:

Our Social Justice Captains will lead a group of interested and passionate students to act for social justice in our community and raise awareness of social justice issues. This group will work together to promote fundraising initiatives for Project Compassion, St Vincent de Paul and House Charities and run activities for students around showing empathy and compassion.

Student Representative Council

WHEN & WHERE: Fortnightly lunchtimes (as advised by Mr Byrne) in Terms 1-4

OPEN TO: P-6 Students, by invitation

Co-ordinating TEACHER: Mr Byrne

GENERAL DESCRIPTION:

The P-6 Student Representative Council consists of Primary students that have been elected by their classmates. The students will provide a 'voice' for students in the Primary school on issues such as Wellbeing and the Environment. Students meet fortnightly with fellow students and staff to work on projects that help to make Marymede Catholic College a better place for all.

Vocal Ensemble

WHEN & WHERE: Friday Lunchtimes during Terms 2-4 in PA013

OPEN TO: Year 7-12 students

CO-ORDINATING STAFF: Ms Camilleri

GENERAL DESCRIPTION:

Glee Club! Pitch Perfect! Pentatonix!...and Marymede Vocal Ensemble! We are looking for anyone who enjoys belting out a tune in the shower to come along and have a weekly sing. The more the merrier, no audition or prior experience required.

Walking Club

WHEN & WHERE: Day 4 Thursdays (fortnightly) for the first half of lunch during Terms 3 & 4. Students should meet at the Primary Basketball Court.

OPEN TO: Prep-2

CO-ORDINATING STAFF: Mrs Al-Noobi

GENERAL DESCRIPTION:

The Walking Club is a group of Prep - 2 students that meet together to enjoy some exercise by walking around the school grounds. Students can make new friends, get fit and enjoy exercising in a group. It is a great opportunity for students with an interest in exercising with friends.

Out of Hours / Combination Co-Curricular Activities

Art Club

WHEN & WHERE: Wednesday 3.30-4.30pm during Terms 2 & 3 in SS04

OPEN TO: Years 3-9

CO-ORDINATING STAFF: Mr Grech

GENERAL DESCRIPTION:

"Art washes away from the soul the dust of everyday life." Picasso.

The Visual Arts are an opportunity for creative people to express, engage and enjoy the process of making and creating. The Art Club is an opportunity for like-minded students to come together and be guided through a variety of different techniques and processes. Making and engaging in art is not only enjoyable, its therapeutic and allows us to have an outlet from the day to day.

Concert Band

WHEN & WHERE: Tuesday 3.30-4.30pm during Terms 2-4 in SS10/PAB01

OPEN TO: Year 5 – 12 Students (maximum 20 students)

CO-ORDINATING STAFF: Mr Ford

GENERAL DESCRIPTION:

Concert band is the show band of the school. They represent Marymede Catholic College at assemblies, liturgies and masses, as well as a feature in Easter and Christmas services. They enjoy the challenge of learning new repertoire and are always looking forward to their next performance.

Creative Writing Program

WHEN & WHERE: Wednesdays, 3.15pm-4.30pm during Terms 2 & 3 in the Resource Centre

OPEN TO: Yr 7-12 Students who are talented in English writing. Teacher approval is required.

CO-ORDINATING STAFF: Mr John Milides

GENERAL DESCRIPTION:

The Creative Writing Program studies great poets and authors. Students are taught how to develop the art of writing short stories and poetry. We also take on a stimulus and students then explore their reaction to it in writing. Students' work may be published into a book, according to the standard of the writing.

DAV Debating (Debaters Association of Victoria)

WHEN & WHERE: **Years 9-12** - Term 1-3

MEETING TIMES: **Years 9-12**
5 x Debate nights (1-2 hours) (+ finals if applicable)
1 x Lunchtime per week

OPEN TO: Year 9-12 Students

CO-ORDINATING STAFF: Ms Callanan

GENERAL DESCRIPTION:

Open to students from all levels and abilities, including beginners. Students are encouraged to join to improve their public speaking skills, writing and collaboration with fellow students.

Drumline Corps

WHEN & WHERE: Fridays 7.35-8.30am during Terms 1-4 in PA013

OPEN TO: Years 7-12 Drum Students by invitation

CO-ORDINATING STAFF: Mr Potocnik

GENERAL DESCRIPTION:

Enables those with a passion for drumming their instruments an opportunity to rehearse and create music together. Students will have lots of performance opportunities.

English SOS

WHEN & WHERE: Every Wednesday from 3.30pm-4.30pm in Upstairs VCE Building

OPEN TO: 12 VCE English Students

CO-ORDINATING STAFF: Ms Richardson

GENERAL DESCRIPTION:

12 English SOS is a weekly meet-up for Year 12 VCE English students. The meet-up workshops will primarily focus on how to attain high end results in both the upcoming SACs in English and the forthcoming exam. Students will have access to a range of Year 12 English teachers that they will be able to ask questions and gain support from. The sessions will also be filmed and uploaded to YouTube to provide equal access. Students can attend on a needs-basis.

Heritage Care Home Community Service

WHEN & WHERE: Wednesdays afterschool 3.15-5.00pm during Terms 2 & 3

OPEN TO: Year 10 -12 Students

WHERE: Heritage Care Home – South Morang

Co-ordinating TEACHER: Mr Gary Hickey

GENERAL DESCRIPTION:

Students will be work with the residents at the care home either running or supporting a range of physical, social and physical activities that will enrich the residents' lives.

Intermediate Rock Band

WHEN & WHERE: Terms 3 & 4, afterschool, day TBC in PAB01

OPEN TO: Years 9 & 10 students by audition

CO-ORDINATING STAFF: Mr Phillips

GENERAL DESCRIPTION:

Intermediate Rock Band gives students a chance to extend themselves beyond the classroom. Students use this time to develop their instrumental abilities specifically as a member of an ensemble or band. Students will focus on developing as a group with an aim to perform and prepare themselves for the music scene in and beyond high school.

The Lion King Jr. Cast

WHEN & WHERE: Terms 1-first week of Term 3, Regularly, as per published schedule. Including regular Thursdays and Fridays 3.30-5.30pm, plus selected Sunday and Holiday rehearsals across Term 2. At Marymede Catholic College and Plenty Ranges Arts and Convention Centre, South Morang.

OPEN TO: Year 5 – 9 by audition

CO-ORDINATING STAFF: Ms Angie Bedford and Ms Ellen Lane

GENERAL DESCRIPTION:

Years 5-9 students are eligible to audition for selection in the cast. Cast members will rehearse regularly to sing, dance and/or act either solo or in large groups, culminating in the presentation of a public season of *The Lion King Jr.* at the Plenty Ranges Arts and Convention Centre, South Morang.

The Lion King Jr. Crew

WHEN & WHERE: Fridays during Term 2 from 3.30-5.30pm in SS04, plus Monday 1st and Tuesday 2nd July 10am-4pm (Term 2 school holidays) At Marymede Catholic College and various times from Monday 15th July to Saturday 20th July at Plenty Ranges Arts and Convention Centre, South Morang.

OPEN TO: Approximately 15 Year 5 – 9 students by application

CO-ORDINATING STAFF: Ms Anna Liggieri

GENERAL DESCRIPTION:

Years 5-9 students are eligible to apply for selection in the crew. Crew members will meet regularly to learn backstage roles, develop props and costumes and assist with general organisation of *The Lion King Jr.* behind the scenes. Students will work backstage at the Plenty Ranges Arts and Convention Centre, South Morang during the public performance season.

Maths SOS and 40+ CLUB

WHEN & WHERE: Weekdays 7:30am-8.20am and Wednesday afterschool 3:30pm-4.30pm in VC 119, Terms 1-4

OPEN TO: Years 7-12

CO-ORDINATING STAFF: Mr Cooper and Mr Van Beek

GENERAL DESCRIPTION:

The rationale of the offer is to enable students to learn to live the day to day school and study lives that are commensurate with the behaviours of a student who gains a study score of 40 or more in one or more subjects. At the very least, fulfilling such study expectations should lead to the student entering the examination centre at the end of the year with greater confidence and knowing they have all they could have during their 2019 studies. More information will be provided by Mr Cooper regarding sign up, commitment and expectations.

Picnic at Hanging Rock - Cast

WHEN & WHERE: Terms 1 & 2 Regularly, as per published schedule. Including regular Thursdays and Fridays 3.30-5.30pm, plus selected evenings during Term 2. At Marymede Catholic College.

OPEN TO: Year 10-12 by audition

CO-ORDINATING STAFF: Mr Jeremy Ives

GENERAL DESCRIPTION:

Years 10-12 students are eligible to audition for selection in the cast. Cast members will rehearse regularly, culminating in the presentation of a public season of *Picnic at Hanging Rock* in Term 2.

Primary Choir

WHEN & WHERE: Wednesdays 3.30-4.20pm during Terms 1-4 in PA013 and SS010.

OPEN TO: Years 1-6

CO-ORDINATING STAFF: Ms Oman, Mr Nealon

GENERAL DESCRIPTION:

The Primary Choir is open to students from Year 1 to Year 6. It is an opportunity for students develop their singing skills through rehearsal and performance at College events.

REMAR

WHEN & WHERE: Regular meetings, camps and retreats (please see Ms Bagh for details)

OPEN TO: Year 10 -12 Students (Recruitment is at end of Year 9)

CO-ORDINATING STAFF: Ms Marie Bagh

GENERAL DESCRIPTION:

REMAR is a 3-year leadership development and school-based Marist youth ministry program which operates in Catholic schools in a number of countries. In Australia it is coordinated out of the Marist Centres in Melbourne & Sydney, offering students in Years 10, 11 and 12 an inspiring and engaging way to live out gospel values. Students connect with each other through meetings, camps, retreats and activity days – creating a network with other young people across the state.

Each Caravel meets for 1.5 hours each fortnight on various days depending on the availability of each Caravel. Each student involved in REMAR needs to commit to up to 20 hours of community service and ministry each year. There are two overnight camps each year that mostly take place on weekend. There are a couple of reflection days and various social events that REMAR students are strongly encouraged to attend. REMAR is open to all Year 10, 11 and 12 students.

It has four areas of focus:

1. Evangelisation and faith development
2. Personal development and leadership formation
3. Strong experience of being a part of a community
4. Social justice, ministry and service to others.

Teens Connect

WHEN & WHERE: Terms 2 – 4 (7 selected Fridays from 5.30pm-7.30pm)

OPEN TO: Year 7-12 Students

CO-ORDINATING STAFF: Mrs Jaclyn Freeman

GENERAL DESCRIPTION:

The Teens Connect Program has been offered to our secondary school students since 2014. The program consists of a series of social get-togethers (outside of school hours) which are held each term. Social activities may include; dining out, going to the cinemas, playing mini golf and ten-pin bowling. The purpose of the program is for students to:

- Meet other teens and develop new friendships
- Practice social skills in a safe and supportive environment
- Promote teens social independence
- Help teens develop money handling skills (i.e. ordering/paying for their own meals)
- Foster teens self-acceptance and self-esteem
- Strengthen the Marymede Catholic College community

Tournament of Minds

WHEN & WHERE: One afterschool and one lunchtime session a week during Term 3 – Weeks 1 to 6. Students will also need to attend the final presentation held at La Trobe University – Bundoora Campus on the 24th and 25th of August, 2019 (exact times to be announced closer to date)

OPEN TO: Years 5 - Year 10 Students by audition

CO-ORDINATING STAFF: Mr Vinodh Narasimhan
Ms Josette Brancaleone

GENERAL DESCRIPTION:

Tournament of Minds is a problem-solving program for teams of students from both primary and secondary years. They are required to solve demanding, open-ended challenges from one of the following disciplines – Science Technology Engineering Mathematics, Language Literature, The Arts, Social Sciences. It is a great opportunity for students with a passion for learning and problem-solving skills.

Woodwork Club

WHEN & WHERE: Wednesdays, 3.30-5.00pm Terms 1-4 in DT01

OPEN TO: Year 6 – 12 Students

CO-ORDINATING STAFF: Mr Di Muzio

GENERAL DESCRIPTION:

Woodwork Club is specifically to extend current DCT, Wood and Product Design students at all year levels, however other students interested in this area of study are also welcome to attend and learn new skills and techniques.

Sport

Primary Sport

Primary Interschool Sport (Tournament)

LENGTH OF ACTIVITY: Various

MEETING TIMES: Lunchtime Training plus Tournament Days

OPEN TO: Year 5-6 Students

CO-ORDINATING TEACHERS: Mr Gerard Large

GENERAL DESCRIPTION:

Coordinated by Primary Sport Coordinator, Gerard Large, Tournament sports include:

Basketball
Swimming

Cricket
Athletics

Football
Cross Country

Volleyball

Primary Interschool Sport (Friday Program)

LENGTH OF ACTIVITY: Various

MEETING TIMES: Lunchtime Training plus Fridays Period 1 & 2

OPEN TO: Year 5-6 students

CO-ORDINATING TEACHERS: Mr Gerard Large and Mrs Liz Miles

GENERAL DESCRIPTION:

Coordinated by Primary Sport Coordinator, Gerard Large, Friday Competition sports include:

Netball AFL Cricket Soccer

Secondary Sport

Premier League Sports

LENGTH OF ACTIVITY: All of College Year

MEETING TIMES: Various

OPEN TO: Year 7-10 students

Co-ordinating TEACHER: Ms Ann-Marie O'Hare

GENERAL DESCRIPTION:

Premier League Sports include:

Soccer Basketball Volleyball Netball
 Cricket AFL

SACCSS Sports

LENGTH OF ACTIVITY: All of College Year

OPEN TO: Year 7-12 students

Co-ordinating TEACHER: Ms Ann-Marie O'Hare

GENERAL DESCRIPTION:

Premier League Sports include:

Swimming	Golf	Volleyball	Basketball
Tennis	Cricket	Cross Country	AFL
Futsal	Netball	Soccer	Chess
Hockey	Athletics	Rugby	

Academy Soccer

LENGTH OF ACTIVITY: All of College Year

MEETING TIMES: As per timetable below

OPEN TO: Year 7-12 students

Co-ordinating TEACHER: Ms Ann-Marie O'Hare

GENERAL DESCRIPTION:

Skills specific development training with a professional coach for selected Elite Soccer players (selected through application process)

Development Squad Netball

LENGTH OF ACTIVITY:	All of College Year
MEETING TIMES:	As per timetable below
OPEN TO:	Year 7-12 students
CO-ORDINATING STAFF:	Ms Tamara Barton

GENERAL DESCRIPTION:

Skills specific development training for a Junior and Senior Squad. Students then compete in the State Titles.

Marymede High Performance Academy (MHPA)

LENGTH OF ACTIVITY:	All of College Year
TRAINING TIMES:	7:10am – 8:20am
OPEN TO:	Year 7-11 students
Co-ordinating TEACHER:	Ms Ann-Marie Kane

GENERAL DESCRIPTION:

The elite performance group is an injury prevention program for Marymede Catholic College's elite performance students. An opportunity to understand and put in to practice strategies for injury prevention when participating in sport.