



CANTEEN MENU

TRAFFIC LIGHTS - FOOD CATEGORIES

'Everyday Foods' - Green Foods are Great Foods

'Select Carefully' Foods - Amber is OK, but not Everyday!

'Occasionally' Foods - Red in Moderation

SANDWICH/WRAPPS/ROLLS	S/WICH	WRAPS / ROLLS	SNACKS	
White/ Wholemeal/Gluten free				
Vegemite	\$ 2.00	\$ 2.50	Cheese & Biscuits Snack Pack	\$2.00
Cheese	\$ 2.00	\$ 2.50	Giant Freddo: Milk Choc / Caramello Koala	\$1.50
Cheese, Tomato & Ham	\$ 3.50	\$ 4.00	Boost	\$2.50
Ham & Cheese	\$ 3.00	\$ 3.50	McPoppy	\$2.50
Salad (Beetroot, Lett, Tom, Carrot, Cuc)	\$ 4.00	\$ 4.50	Hersheys Cookies & Cream	\$2.50
Chicken & Avocado	\$ 4.50	\$ 5.00	Choc Chip Cookies	\$1.50
Chicken Chilli Tenders	\$ 4.50	\$ 5.00	Pretzels	\$2.50
Extra: Cheese	\$ 0.50	\$ 0.50	Red Rock: Sweet Chilli / Honey Soy / Sea Salt	\$2.50
Mayo, Tomato Relish, Mustard			Cheese Twisties	\$2.50
Butter			Smiths Salt & Vinegar	\$2.50
Salad Tub		\$4.00	Cheese Doritos	\$2.50
DRINKS			Liquorice: Black / Raspberry	\$1.50
Mountain Franklin Water		\$2.50	Mentos	\$1.50
Pump Water / Lemon Fix/Berry Storm		\$3.00	Muffins: choc mud / apple & Cinnamon	\$3.00
Up & Go: Chocolate / Vanilla / Banana / Straw		\$2.00	Hedgehog/Caramel Slice	\$3.00
Berri Juice: Apple/Blackcurrant		\$3.00	Custard Tart / Vanilla Slice	\$3.00
Daily Juice - Apple/Orange (500ml)		\$3.50	Iced Ring Donuts: Strawberry/Chocolate/Jam	\$2.20
Prima Juice: Apple & Blackcurrant/Apple		\$2.00	Cakes: Carrot / Banana	\$3.00
Tropical/Orange		\$2.00	HOT FOOD- * Flexi-School Item only	
Pop top: Apple/Orange/Apple & Blackcurrant		\$2.50	Bacon, Egg & Cheese Toasties (Recess only)	\$3.50
Kyneton Mineral Water: Apple/Raspberry		\$2.50	Soup of the Day with Bread Roll (Term 2 & 3)	\$4.00
Kyneton Mineral Water: Lemon/Lime		\$2.50	Steamed Dim Sims - Bag of 3 (Single \$1.00)	\$2.00
Big M: Chocolate / Strawberry (300ml)		\$2.50	Hot Dog (cheese extra 50c)	\$3.00
Big M : Chocolate/Strawberry (600ml)		\$3.20	Beef Traveller Pie	\$3.00
Schweppes Lemonade, Sunkist, Solo		\$3.00	Party Pies*	\$1.20
Lol: Razzi / Blackcurrant / Tropical		\$2.50	Sausage Rolls	\$2.80
Lipton Iced Tea: Lemon/Peach		\$3.50	Party Sausage Rolls*	\$1.20
Coffee Small		\$3.50	Vegetable Lasagna Gluten free*	\$4.00
Coffee Large		\$4.00	Beef Lasagna*	\$5.00
Hot Chocoalte Small		\$3.50	Twista Bolognaise*	\$4.50
Hot Chocolate Large		\$4.00	Macaroni and Cheese*	\$4.00
FRUIT/YOGHURT			Nachos (sour cream extra 50c)	\$4.00
Frozen yoghurt & fruit coulis		\$3.50	Pizza: Hawaiiin / Margarita	\$3.00
Fruit Salad		\$3.50	Noodle Cups: Chicken/Beef/Oriental (Gluten free)	\$2.50
Fruit Salad with Frozen Yoghurt		\$4.00	WEEKLY SPECIALS (CHANGING ON A DAILY BASIS)	
Apples/Bananas		\$1.00	Schnitzel Rolls	\$5.00
CONTACT DETAILS			Souvlaki (Lamb/Chicken)	\$6.00

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Canteen Supervisor: Connie Ibrahim